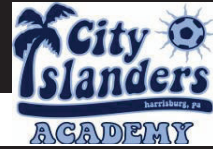


Indoor Training Schedule 2014-15



Futbol FUNDAMENTALS

X	Location	Time	Class	Day	Dates	Cost
	Twin Ponds West	7-8 pm	Futbol Fundamentals (16 wks)	Mondays	Nov. 3, 10, 17, 24, Dec. 1, 8, 15, 22, Jan. 5, 12, 19, 26, Feb. 2, 9, 16, 23	\$240
	In The Net	7-8 pm	Futbol Fundamentals (10 wks)	Wednesdays	Nov. 5, 12, 19, 26, Dec. 3, 10, 17, Jan. 7, 14, 21	\$150
	Red Rose	6-7 pm	Futbol Fundamentals (10 wks)	Wednesdays	Nov. 5, 12, 19, 26, Dec. 3, 10, Jan. 7, 14, 21, 28, Feb. 4, 11, 18, 25, Mar. 4, 11, 18, 25	\$250
	Yellow Breeches	6-7 pm	Futbol Fundamentals (12 wks)	Thursdays	Nov. 6, 13, 20, Dec. 4, 11, 18, Jan. 8, 15, 22, 29, Feb. 5, 12	\$180

Session 1

X	Location	Time	Class	Day	Dates	Cost
	Twin Ponds West	7-8 pm	Islanders Juniors	Mondays	Nov. 3, 10, 17, 24, Dec. 1, 8, 15, 22	\$135
	Twin Ponds West	8-9 pm	GK/Striker/Defender School	Mondays	Nov. 3, 10, 17, 24, Dec. 1, 8, 15, 22	\$135
	Twin Ponds West	8-9 pm	Ball Mastery	Mondays	Nov. 3, 10, 17, 24, Dec. 1, 8, 15, 22	\$135
	Red Rose	6-7 pm	Islanders Juniors	Wednesdays	Nov. 5, 12, 19, 26, Dec. 3, 10	\$105
	Red Rose	7-8 pm	GK/Striker/Defender School	Wednesdays	Nov. 5, 12, 19, 26, Dec. 3, 10	\$105
	In The Net	7-8 pm	GK/Striker/Defender School	Wednesdays	Nov. 5, 12, 19, 26, Dec. 3, 10	\$105
	Yellow Breeches	6-7 pm	Islanders Juniors	Thursdays	Nov. 6, 13, 20, Dec. 4, 11, 18	\$105
	Yellow Breeches	7-8 pm	GK/Striker/Defender School	Thursdays	Nov. 6, 13, 20, Dec. 4, 11, 18	\$105
	Sports City	6:30-7:30 pm	Islanders Juniors	Fridays	Nov. 7, 14, 21, Dec. 5, 12, 19	\$105
	Sports City	6:30-7:30 pm	Ball Mastery	Fridays	Nov. 7, 14, 21, Dec. 5, 12, 19	\$105

Session 2

X	Location	Time	Class	Day	Dates	Cost
	Twin Ponds West	7-8 pm	Islanders Juniors	Mondays	Jan. 5, 12, 19, 26, Feb. 2, 9, 16, 23	\$135
	Twin Ponds West	8-9 pm	GK/Striker/Defender School	Mondays	Jan. 5, 12, 19, 26, Feb. 2, 9, 16, 23	\$135
	Twin Ponds West	8-9 pm	Ball Mastery	Mondays	Jan. 5, 12, 19, 26, Feb. 2, 9, 16, 23	\$135
	Red Rose	6-7 pm	Islanders Juniors	Wednesdays	Jan. 7, 14, 21, 28, Feb. 4, 11	\$105
	Red Rose	7-8 pm	GK/Striker/Defender School	Wednesdays	Jan. 7, 14, 21, 28, Feb. 4, 11, 18, 25	\$135
	Yellow Breeches	6-7 pm	Islanders Juniors	Thursdays	Jan. 8, 15, 22, 29, Feb. 5, 12	\$105
	Yellow Breeches	7-8 pm	Ball Mastery	Thursdays	Jan. 8, 15, 22, 29, Feb. 5, 12	\$105
	Sports City	6:30-7:30 pm	Islanders Juniors	Fridays	Jan. 9, 16, 23, 30, Feb. 6, 13, 20, 27	\$135
	Sports City	6:30-7:30 pm	GK/Striker/Defender School	Fridays	Jan. 9, 16, 23, 30, Feb. 6, 13, 20, 27	\$135

Session 3

X	Location	Time	Class	Day	Dates	Cost
	Twin Ponds West	7-8 pm	Islanders Juniors	Mondays	Mar. 2, 9, 16, 23	\$70
	Twin Ponds West	7-8 pm	Ball Mastery	Mondays	Mar. 2, 9, 16, 23	\$70
	Red Rose	6-7 pm	Ball Mastery	Wednesdays	March 4, 11, 18, 25	\$70
	Sports City	6:30-7:30 pm	Islanders Juniors	Fridays	Mar. 6, 13, 20, 27	\$70
	Sports City	6:30-7:30 pm	Ball Mastery	Fridays	Mar. 6, 13, 20, 27	\$70

Please complete information below or register on-line at www.cityislanders.org. If paying by check, please make check payable to 'City Islanders'.
(Mail form to City Islanders Academy, 2090 Linglestown Road, Suite 105, Harrisburg, PA 17110.)

For additional questions, please call 717-441-4625 or email Kim St.Clair at kim@cityislanders.com.

Player _____

Parent/ Guardian _____

Address _____ City _____ Zip _____

Phone _____ Email _____ T-Shirt Size: YM YL AS AM AL AXL

Amount Due: _____ Check # _____ Cash \$ _____ CC # _____ Exp _____